



DUANE DA ROCHA

“Working hard, committing to your goals and being willing to sacrifice for them are some of the key factors, but most importantly is to enjoy all of it.”

Duane is a professional swimmer for more than 15 years and has won several medals for the national team. She was born in 1988 in Brazil and moved to Spain when she was one year old.

The swimmer won her first international medals at the 2009 Mediterranean Games in Pescara, Italy with three silver medals. In 2010 she became the European short-distance champion over 200 m backstroke in Eindhoven. In December 2012 she won the bronze medal at the World Short Track Championships in Istanbul over 200 m backstroke. Duane celebrated her greatest success to date at the 2014 European Championships in Berlin, where she won the 200 m backstroke gold medal.

World Championships (SC)

Bronze	2012 Istanbul	200 m backstroke
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European Championships (LC)

Bronze	2010 Budapest	200 m backstroke
Bronze	2012 Dubrecen	200 m backstroke
Gold	2014 Berlin	200 m backstroke

European Championships (SC)

Gold	2010 Eindhoven	200 m backstroke
Bronze	2010 Eindhoven	100 m backstroke
Silver	2011 Stettin	200 m backstroke